

# The EMGP Banbury 5 Mile Road Race

## Tuesday 24 May 2022

This race is part of a series of races across the East Midlands Grand Prix <http://www.mkac.org.uk/east-midlands-grand-prix/> and will be held under [Runbritain guidelines](#), which may change at any time. Race Licence: 2022-42180. Course Measurement Certificate: 21/173

**Organisers:** Banbury Harriers AC

**Venue/HQ:** Parking at Wykham Park Academy, Ruskin Road, Banbury, OX16 9HY

**Route:** One lap on road and pavement on the outskirts of Banbury. Includes three moderate hills.

**Race Record:** Barney O'Connor (Massey Fergusson) 23.35, 1988

**Prizes:** At least the first three men and three women, plus first in all male and female veteran categories and junior category. Runners can only win one individual prize. Also, male and female team prizes. Cash prizes will be paid by BACS transfer shortly after the event,

**Entries:** Online entries via the RunBritain website [www.runbritain.com](http://www.runbritain.com) with limited entries on the night. If you have entered the full series, use your series number. Otherwise your number will be available for collection on the day at the Race Headquarters. For entry to the full series: [EMGP series entry](#)

**Race Limit:** 400 Runners

**Entry Fee:** £10 attached /£12 unattached. £3 supplement for both categories on the day.

**Closing date for on line entries:** 21<sup>st</sup> May 2022

**On the night:** Do not race if you have been unwell. Specifically, do not attend the race if you have tested positive for Covid-19 in the 14 days prior to race day or have any of the Covid-19 symptoms on race day. Always follow Marshal's instructions. It is the runner's responsibility to provide his/her own water or refreshments during the race. Bottled water available at the finish.

**Registration:** Use series number if appropriate. Otherwise collect on-line race numbers from HQ prior to the event.

**Start:** The race starts at 7.45pm in Browning Road. Allow ten minutes to get to the start from the school.

**Facilities/Presentation:** Parking, Registration (*number collection and late entry*), toilets and changing facilities will be provided at the race HQ but please

note that we no longer have shower facilities at the venue. As there are no catering facilities on site, we will not hold a prize presentation on the evening. As detailed above, cash prizes will be transferred by BACS shortly after the event.

**Results:** Results will be posted on the EMGP website soon after the race and on this website within 24 hours.