

MMKAC UNDER 15s TOP TEN RANKINGS IN SPORTS HALL EVENTS

STANDING LONG JUMP (m): BOYS

1	Ethan Wiltshire	2.86	Bucks Champs, Feb 2017
2	Daniel Oderinde	2.81	South East Champs, Feb 2012
3	Toby Ravilious	2.64	Bucks Champs, Jan 2015
4	Edward Barber	2.56	Bucks Champs, Dec 2019
5	Chad Willson	2.54	Bucks Champs, Dec 2019
6	Tyrell Dankwa	2.47	South East Champs, Feb 2013
7	Sam Featherstone	2.44	Bucks Champs, Feb 2017
8	Hamish McGarvie	2.43	Bucks Champs, Jan 2018
9=	Ben Brown	2.42	South East Champs, Feb 2012
9=	Hugo Wallace	2.42	South East Champs, Mar 2017

STANDING TRIPLE JUMP (m): BOYS

1	Ethan Wiltshire	8.48	Bucks Champs, Feb 2017
2	Sam Featherstone	8.13	South East Champs, Mar 2016
3	Daniel Oderinde	8.05	Bucks Champs, Jan 2012
4	Chad Willson	7.94	Bucks Champs, Dec 2019
5	Edward Barber	7.93	Bucks Champs, Dec 2019
6	Niklas Adio	7.91	South East Champs, Feb 2014
7	Toby Ravilious	7.80	Bucks Champs, Jan 2015
8=	Mansuru Donkor	7.50	Bucks Champs, Dec 2019
8=	Nasiru Donkor	7.50	Bucks Champs, Dec 2019
10	Hamish McGarvie	7.41	Bucks Champs, Jan 2018

VERTICAL JUMP (cm): BOYS

1	Ethan Wiltshire	90	Bucks Champs, Feb 2017
2	Sam Featherstone	78	Bucks Champs, Feb 2017
3=	Hugo Wallace	70	Bucks Champs, Feb 2017
3=	Hamish McGarvie	70	Bucks Champs, Feb 2017
5	Daniel Oderinde	69	Bucks Champs, Jan 2012
6=	Izaak Larbi	68	Bucks Champs, Feb 2017
6=	Chad Willson	68	Bucks Champs, Dec 2019
8=	Brandon Kyere	65	Bucks Champs, Dec 2019
8=	Toby Ravilious	65	Bucks Champs, Jan 2015
10=	Niklas Adio	64	Bucks Champs, Jan 2014
10=	Leo Freeland	64	Bucks Champs, Feb 2017

Not held at South East Champs

CHEST PUSH (m): BOYS

1	Sam Featherstone	8.00	Bucks Champs, Feb 2017
2=	George Ho	7.50	Bucks Champs, Jan 2018
2=	Chad Willson	7.50	Bucks Champs, Jan 2018
2=	Hamish McGarvie	7.50	Bucks Champs, Jan 2018
2=	Toby Ravilious	7.50	Bucks Champs, Jan 2015
2=	Ethan Wiltshire	7.50	Bucks Champs, Feb 2017
7	Hugo Wallace	7.00	Bucks Champs, Feb 2017
8	Robert Lewis	6.50	Bucks Champs, Jan 2015
9	Izaak Larbi	6.25	Bucks Champs, Feb 2017
10	Ben Stacey	6.00	Bucks Champs, Jan 2016

Chest Push only held at County Champs

SHOT PUTT: BOYS

1	Yinka Adelowu	11.75	Bucks Champs, Jan 2019
2	Nasiru Donkor	10.75	Bucks Champs, Dec 2019
3	Daniel Oderinde	10.14	South East Champs, Feb 2012
4	Mansuru Donkor	9.75	Bucks Champs, Dec 2019
5=	Toby Ravilious	9.35	South East Champs, Feb 2015
5=	Tyrell Dankwa	9.35	South East Champs, Feb 2013
7	Ethan Wiltshire	9.25	Bucks Champs, Feb 2017
8	Chad Willson	8.75	Bucks Champs, Dec 2019
9	Niklas Adio	8.67	South East Champs, Feb 2014
10	Chris Arnall	8.27	South East Champs, Mar 2016

SPEED BOUNCE (# in 20 secs): BOYS

1	Hugo Wallace	58	Bucks Champs, Feb 2017
2=	Ethan Wiltshire	53	Bucks Champs, Feb 2017
2=	Yinka Adelowu	53	Bucks Champs, Jan 2019
4	Hamish McGarvie	52	Bucks Champs, Jan 2019
5=	Toby Ravilious	51	Bucks Champs, Jan 2015
5=	Izaak Larbi	51	Bucks Champs, Feb 2017
7	Sam Featherstone	50	Bucks Champs, Feb 2017
8	Robert Lewis	49	Bucks Champs, Jan 2015
9=	Ben Stacey	48	Bucks Champs, Jan 2016
9=	Leo Freeland	48	Bucks Champs, Feb 2017

20 secs speed bounce only held at some historical County Champs

SPEED BOUNCE (# in 30 secs): BOYS

1	Hugo Wallace	88	South East Champs, Mar 2017
2	Ben Brown	86	South East Champs, Feb 2013
3=	George Ho	80	Bucks Champs, Jan 2018
3=	Chad Willson	80	Bucks Champs, Jan 2018
5	Edward Barber	79	Bucks Champs, Dec 2019
6	Hamish McGarvie	76	South East Champs, Mar 2017
7=	Luke Carr	75	South East Champs, Feb 2014
7=	Chad Willson	75	Bucks Champs, Dec 2019

STANDING LONG JUMP (m): GIRLS

1	Laura Zialor	2.48	South East Champs, Feb 2013
2	Lateefa Agberemi	2.42	Bucks Champs, Jan 2019
3	Moyin Oduyemi	2.37	South East Champs, Mar 2019
4	Victorious Ezech	2.34	Bucks Champs, Dec 2019
5=	Asher Cliff-Afemari	2.25	South East Champs, Mar 2019
5=	Dorothy Oduguwa	2.25	Bucks Champs, Jan 2012
7	Ite Odeoroju	2.23	South East Champs, Feb 2013
8	Jasmine Trapnell	2.19	South East Champs, Mar 2017
9	Kayla Dixon	2.18	Bucks Champs, Jan 2014
10	Toni-Ann Malcolm	2.17	Bucks Champs, Jan 2014

STANDING TRIPLE JUMP (m): GIRLS

1	Lateefa Agberemi	7.60	Bucks Champs, Jan 2018
2	Ite Aderoju	7.20	Bucks Champs, Jan 2016
3	Asher Cliff-Afemari	7.02	Bucks Champs, Jan 2018
4	Sara Diaz	6.98	Bucks Champs, Jan 2018
5	Laura Zialor	6.97	Bucks Champs, Jan 2012
6	Jasmine Trapnell	6.86	Bucks Champs, Jan 2016
7	Iris-Mae Morse	6.72	Bucks Champs, Jan 2015
8=	Dorothy Oduguwa	6.68	Bucks Champs, Jan 2012
8=	Victorious Ezech	6.68	Bucks Champs, Dec 2019
10	Highbury Baah-Williams	6.32	Bucks Champs, Dec 2019

Not held at South East Champs

VERTICAL JUMP (cm): GIRLS

1	Lateefah Agberemi	69	Bucks Champs, Jan 2019
2	Naomi Greener	65	South East Champs, Feb 2012
3	Lucy Johnston	63	South East Champs, Feb 2013
4	Janine Cliff-Afemari	62	Bucks Champs, Feb 2017
5	Victorious Ezech	60	Bucks Champs, Dec 2019
6	Sara Diaz	59	Bucks Champs, Jan 2018
7=	Kiah Parcs	56	South East Champs, Feb 2014
7=	Dorothy Oduguwa	56	South East Champs, Feb 2013
7=	Kayla Dixon	56	South East Champs, Feb 2014
10	Toni-Ann Malcolm	54	Bucks Champs, Jan 2014

CHEST PUSH (m): GIRLS

1	Lateefah Agberemi	7.75	Bucks Champs, Jan 2019
2=	Jasmine Trapnell	6.75	Bucks Champs, Feb 2017
2=	Highbury Baah-Williams	6.75	Bucks Champs, Jan 2019
2=	Sara Diaz	6.75	Bucks Champs, Jan 2018
5=	Janine Asher-Afemari	6.50	Bucks Champs, Jan 2015
5=	Isobel Blake-Hurworth	6.50	Bucks Champs, Feb 2017
5=	Ite Aderoju	6.50	Bucks Champs, Jan 2016
5=	Iris-Mae Morse	6.50	Bucks Champs, Jan 2015
5=	Joan Peedah	6.50	Bucks Champs, Jan 2015
5=	Rotimi Joseph	6.50	Bucks Champs, Jan 2015

Chest Push only held at County Champs

SHOT PUTT: GIRLS

1	Lateefah Agberemi	9.11	South East Champs, Mar 2019
2	Sara Diaz	8.66	South East Champs, Mar 2019
3	Joan Peedah	8.25	South East Champs, Feb 2015
4	Ite Aderoju	8.00	South East Champs, Mar 2016
5	Davinia Oduguwa	7.87	South East Champs, Feb 2013
6=	Toni-Ann Malcolm	7.50	South East Champs, Feb 2013
6=	Jasmine Trapnell	7.50	Bucks Champs, Feb 2017
9	Elizabeth Tchuimeni	7.50	Bucks Champs, Dec 2019
6	Oyin Ali	7.41	South East Champs, Feb 2013
10	Victorious Ezech	7.25	Bucks Champs, Dec 2019

SPEED BOUNCE (# in 20 secs): GIRLS

1=	Jasmine Trapnell	55	Bucks Champs, Jan 2016
1=	Mia Soman	55	Bucks Champs, Feb 2017
1=	Amy Milne	55	Bucks Champs, Jan 2015
4	Isobel Blake-Hurworth	54	Bucks Champs, Feb 2017
5	Iris-Mae Morse	53	Bucks Champs, Jan 2015
6	Lateefa Agberemi	52	Bucks Champs, Jan 2019
6=	Beth Turner	52	Bucks Champs, Jan 2015
8	Janine Cliff-Afemari	51	Bucks Champs, Feb 2017
9=	Elize Chappell	50	Bucks Champs, Feb 2017
9=	Joan Peedah	50	Bucks Champs, Jan 2015

20 secs speed bounce only held at some historical County Champs

SPEED BOUNCE (# in 30 secs): GIRLS

1=	Asher Cliff-Afemari	85	Bucks Champs, Jan 2018
1=	Amy Milne	85	South East Champs, Feb 2015
3	Naomi Greener	80	South East Champs, Feb 2012
4	Iris-Mae Morse	78	South East Champs, Feb 2015
5=	Sara Diaz	77	Bucks Champs, Jan 2018
5=	Abi Fitton	77	South East Champs, Mar 2016
7=	Elize Chappell	75	Bucks Champs, Jan 2018
7=	Laura Zialor	75	South East Champs, Feb 2013

9	Mansuru Donkor	74	Bucks Champs, Dec 2019
10=	Niklas Adio	72	Bucks Champs, Jan 2014
10=	Devon Harford	72	Bucks Champs, Jan 2014
10=	Jacob Whittle	72	South East Champs, Feb 2014

30 secs speed bounce always held at South East Champs, and some County Champs

PENTATHLON SCORE (Best 5 events): BOYS

1	Ethan Wiltshire	367	Bucks Champs, Feb 2017
2	Sam Featherstone	353	Bucks Champs, Feb 2017
3	Toby Ravilious	351	Bucks Champs, Jan 2015
4	Chad Willson	350	Bucks Champs, Dec 2019
5	Hugo Wallace	347	Bucks Champs, Feb 2017
6	Yinka Adelowo	346	Bucks Champs, Jan 2019
7	Mansuru Donkor	341	Bucks Champs, Dec 2019
8	Edward Barber	339	Bucks Champs, Dec 2019
9	Hamish McGarvie	334	Bucks Champs, Jan 2018
10	Nasiru Donkor	332	Bucks Champs, Dec 2019

Calculated from Bucks County Championships only, based on best 5 field events

Note: From 2019 this has been based on best 5 events, so all previous year county competition scores have been re-calculated this way for consistency

7=	Lucy Johnston	75	South East Champs, Feb 2013
7=	Moyin Oduyemi	75	Bucks Champs, Jan 2018

30 secs speed bounce always held at South East Champs, and some County Champs

PENTATHLON SCORE (Best 5 events): GIRLS

1	Lateefa Agberemi	341	Bucks Champs, Jan 2019
2=	Ite Aderoju	301	Bucks Champs, Jan 2016
2=	Victorious Ezech	301	Bucks Champs, Dec 2019
4=	Moyin Oduyemi	297	Bucks Champs, Jan 2018
4=	Asher Cliff-Afemari	297	Bucks Champs, Jan 2018
6	Sara Diaz	296	Bucks Champs, Jan 2018
7	Janine Cliff-Afemari	295	Bucks Champs, Feb 2017
8	Jasmine Trapnell	293	Bucks Champs, Feb 2017
9	Iris-Mae Morse	292	Bucks Champs, Jan 2015
10	Toni-Ann Malcolm	291	Bucks Champs, Jan 2014

Calculated from Bucks County Championships only, based on best 5 field events

INDIVIDUAL TRIATHLON COMPETITION: BOYS (Points, Position)

1	Daniel Oderinde	140 (2nd)	South East Champs, Feb 2012
2	Tyrell Dankwa	131 (3rd)	South East Champs, Feb 2013
3	Hugo Wallace	122 (7th)	South East Champs, Mar 2017
4	Toby Ravilious	106 (15th)	South East Champs, Feb 2015
5=	Yinka Adelowo	100 (16th)	South East Champs, Mar 2019
5=	Ben Brown	100 (17th)	South East Champs, Feb 2013
7	Sam Featherstone	90 (22nd)	South East Champs, Mar 2017
8	Chris Atwell	86 (24th)	South East Champs, Feb 2012
9	Niklas Adio	84 (22nd)	South East Champs, Feb 2014
10	Hamish McGarvie	72 (31st)	South East Champs, Mar 2017

Based on points scores from 3 events, 150 points maximum, South East Champs only

Athletes do 3 events, 50 points for first place, 48 for second, etc.

INDIVIDUAL TRIATHLON COMPETITION: BOYS (Points, Position)

1	Lateefah Agberemi	134 (1st)	South East Champs, Mar 2019
2	Moyin Oyudemi	109 (12th)	South East Champs, Mar 2019
3	Naomi Greener	100 (17th)	South East Champs, Feb 2012
4	Asher Cliff-Afemari	95 (18th)	South East Champs, Mar 2019
5	Laura Zialor	93 (18th)	South East Champs, Feb 2013
6	Dorothy Oduguwa	92 (23rd)	South East Champs, Feb 2012
7	Lucy Johnston	91 (20th)	South East Champs, Feb 2013
8	Jasmine Trapnell	90 (19th)	South East Champs, Mar 2017
9	Iris-Mae Morse	88 (21st)	South East Champs, Feb 2015
10	Sara Diaz	86 (23rd)	South East Champs, Mar 2019

Based on points scores from 3 events, 150 points maximum, South East Champs only

Athletes do 3 events, 50 points for first place, 48 for second, etc.

TWO LAP RACE: BOYS

1	Tyrell Dankwa	22.4	South East Champs, Feb 2013
2	Toby Ravilious	22.6	South East Champs, Feb 2015
3	Daniel Oderinde	22.9	South East Champs, Feb 2012
4	Hugo Wallace	23.2	South East Champs, Mar 2017
5	Ben Brown	23.7	South East Champs, Feb 2013
6	Luke Carr	23.8	South East Champs, Feb 2014
7=	Niklas Adio	24.1	South East Champs, Feb 2014
7=	Hamish McGarvie	24.1	South East Champs, Mar 2017
7=	Sam Featherstone	24.1	South East Champs, Mar 2017
10	Jack Reid	24.3	South East Champs, Feb 2015

Times at South East Champs only - for consistency of track length (Burgess Hill)

TWO LAP RACE: GIRLS

1	Moyin Oduyemi	24.1	South East Champs, Mar 2019
2=	Jordon Heron	25.2	South East Champs, Feb 2014
2=	Dorothy Oduguwa	25.2	South East Champs, Feb 2013
4	Asher Cliff-Afemari	25.3	South East Champs, Mar 2019
5	Toni-Ann Malcolm	25.4	South East Champs, Feb 2013
6=	Jasmine Trapnell	25.6	South East Champs, Mar 2017
6=	Joan Peedah	25.6	South East Champs, Feb 2014
8	Abi Fitton	25.7	South East Champs, Mar 2016
9	Iris-Mae Morse	25.8	South East Champs, Feb 2015
10	Janine Cliff-Afemari	26.8	South East Champs, Mar 2017

Times at South East Champs only - for consistency of track length (Burgess Hill)

FOUR LAP RACE: BOYS

1	Yinka Adelowo	49.9	South East Champs, Mar 2019
2	Ben Brown	51.6	South East Champs, Feb 2012
3	Chris Arnall	51.8	South East Champs, Mar 2016
4	Charlie Atwell	52.3	South East Champs, Feb 2012
5	Leo Freeland	52.4	South East Champs, Mar 2017
6	Callum Bannatyne	53.1	South East Champs, Feb 2014
7=	Josh Rooney	53.5	South East Champs, Feb 2014
7=	Oliver Moyles	53.5	South East Champs, Mar 2017
9	James Mottram	53.6	South East Champs, Feb 2014
10	Jacob Whittle	54.9	South East Champs, Feb 2014

Times at South East Champs only - for consistency of track length (Burgess Hill)

FOUR LAP RACE: GIRLS

1	Lateefah Agberemi	53.0	South East Champs, Mar 2019
2	Sara Diaz	53.8	South East Champs, Mar 2019
3=	Lizzy Adam	55.8	South East Champs, Feb 2013
3=	Naomi Greener	55.8	South East Champs, Feb 2012
5	Mia Soman	56.4	South East Champs, Mar 2017
6	Amy Milne	56.6	South East Champs, Feb 2015
7	Ellen Bailey	57.6	South East Champs, Feb 2015
8	Laura Zialor	58.2	South East Champs, Feb 2012
9	Kayla Dixon	58.7	South East Champs, Feb 2014
10	Lucy Johnston	58.9	South East Champs, Feb 2013

Times at South East Champs only - for consistency of track length (Burgess Hill)